

Pos	Tot Laps	Tot Time	Team	Cat	Number	Name	Lap No	Lap Time
1	31	23:41:23	LoSS Nightstriders	8X	78	Tracy English	1	00:40:43
					72	Aaron Paterson	2	00:40:18
					79	Mark Farthing	3	00:47:20
					79	Mark Farthing	4	00:50:37
					75	Matthew Letley	5	00:41:46
					77	David Robinson	6	00:45:34
					72	Aaron Paterson	7	00:39:51
					78	Tracy English	8	00:41:07
					79	Mark Farthing	9	00:50:29
					73	Daniel Copp	10	00:43:29
					75	Matthew Letley	11	00:40:52
					77	David Robinson	12	00:46:48
					72	Aaron Paterson	13	00:43:34
					78	Tracy English	14	00:43:13
					79	Mark Farthing	15	00:49:02
					73	Daniel Copp	16	00:45:18
					75	Matthew Letley	17	00:44:12
					77	David Robinson	18	00:50:10
					72	Aaron Paterson	19	00:43:23
					78	Tracy English	20	00:44:10
					79	Mark Farthing	21	00:47:15
					73	Daniel Copp	22	00:48:32
					72	Aaron Paterson	23	00:44:25
					78	Tracy English	24	00:45:24
					75	Matthew Letley	25	00:45:37
					79	Mark Farthing	26	00:46:14
					73	Daniel Copp	27	00:51:54
					75	Matthew Letley	28	00:47:12

2 30 24:13:20 Dagenham 88 Runners 8X

72 Aaron Paterson	29	00:48:47
79 Mark Farthing	30	00:45:49
77 David Robinson	31	00:58:18
96 Ian Cummins	1	00:42:31
99 Lee Duggan	2	00:42:41
97 Caroline Tuck	3	00:43:59
101 Jeff Webster	4	00:44:56
102 John Phillips	5	00:43:58
98 Peter Salmon	6	00:42:50
103 Daniel Allen	7	00:47:54
96 Ian Cummins	8	00:45:06
99 Lee Duggan	9	00:46:38
97 Caroline Tuck	10	00:45:36
101 Jeff Webster	11	00:47:22
102 John Phillips	12	00:48:00
98 Peter Salmon	13	00:47:29
103 Daniel Allen	14	00:53:55
100 Gary Cardnell	15	00:49:18
96 Ian Cummins	16	00:48:38
99 Lee Duggan	17	00:48:52
97 Caroline Tuck	18	00:48:49
101 Jeff Webster	19	00:53:40
102 John Phillips	20	00:50:56
98 Peter Salmon	21	00:49:04
103 Daniel Allen	22	00:57:41
100 Gary Cardnell	23	00:49:31
96 Ian Cummins	24	00:44:41
99 Lee Duggan	25	00:47:31

97	Caroline Tuck	26	00:49:13
101	Jeff Webster	27	00:56:36
102	John Phillips	28	00:50:38
98	Peter Salmon	29	00:50:35
103	Daniel Allen	30	00:54:42

3 29 24:34:53 DTAC Road Runners 2 8X

104	Lee Bryant	1	00:46:30
110	Steven Russell	2	00:40:59
105	Michael Lamb	3	00:43:49
107	Vicky Thornley	4	00:52:36
106	Rupinder Mahil	5	00:56:21
108	Jamie Marlow	6	00:34:44
111	Kelly Du Buisson	7	00:42:19
109	Michelle Ashwell	8	00:54:39
104	Lee Bryant	9	00:51:29
107	Vicky Thornley	10	00:56:27
110	Steven Russell	11	00:41:12
106	Rupinder Mahil	12	01:00:03
105	Michael Lamb	13	00:46:22
108	Jamie Marlow	14	00:43:17
111	Kelly Du Buisson	15	00:48:41
109	Michelle Ashwell	16	01:02:16
104	Lee Bryant	17	01:00:01
110	Steven Russell	18	00:43:05
108	Jamie Marlow	19	00:56:11
105	Michael Lamb	20	00:50:18
106	Rupinder Mahil	21	01:02:03
111	Kelly Du Buisson	22	00:52:04
109	Michelle Ashwell	23	01:02:56

104 Lee Bryant	24	01:06:09
110 Steven Russell	25	00:58:57
108 Jamie Marlow	26	00:45:50
105 Michael Lamb	27	00:52:09
111 Kelly Du Buisson	28	00:44:49
108 Jamie Marlow	29	00:38:37

4	29	24:37:00	Run Dem Crew	8X
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137 William Lockwood	1	00:45:25
138 Reinier Zeldenrust	2	00:39:32
139 Christopher McLean	3	00:49:11
142 Antonia McElvenney	4	00:50:00
143 Claire Tayler	5	00:46:27
141 Jennie Holmes	6	00:43:46
140 Nathaniel Cole	7	00:42:14
136 Ash Narod	8	00:43:41
137 William Lockwood	9	00:46:36
138 Reinier Zeldenrust	10	00:42:44
139 Christopher McLean	11	00:49:13
142 Antonia McElvenney	12	00:52:13
143 Claire Tayler	13	01:03:45
141 Jennie Holmes	14	00:47:33
140 Nathaniel Cole	15	00:47:19
136 Ash Narod	16	00:45:10
137 William Lockwood	17	00:49:58
138 Reinier Zeldenrust	18	00:46:49
139 Christopher McLean	19	01:07:28
142 Antonia McElvenney	20	01:00:56
141 Jennie Holmes	21	00:56:27
140 Nathaniel Cole	22	00:51:35

137	William Lockwood	23	00:55:24
136	Ash Narod	24	00:50:09
138	Reinier Zeldenrust	25	01:05:37
139	Christopher McLean	26	01:06:14
142	Antonia McElvenney	27	00:56:39
141	Jennie Holmes	28	00:48:33
140	Nathaniel Cole	29	00:46:22

5 27 23:46:20 Team Handsome 8X

175	Michael Maguire	1	00:48:43
169	Pat Cussen	2	00:50:20
174	Kelly Rocks	3	00:55:40
170	Luke Maguire	4	00:55:42
172	Mark Coombs	5	00:49:18
171	Niall Tiernan	6	00:38:22
168	Michael McDarby	7	00:48:39
173	Dominic Harkins	8	00:46:56
175	Michael Maguire	9	00:50:19
169	Pat Cussen	10	00:55:18
174	Kelly Rocks	11	00:59:07
170	Luke Maguire	12	00:58:54
172	Mark Coombs	13	00:52:08
171	Niall Tiernan	14	00:40:32
168	Michael McDarby	15	00:58:57
173	Dominic Harkins	16	00:51:13
175	Michael Maguire	17	00:54:10
169	Pat Cussen	18	01:03:26
174	Kelly Rocks	19	01:05:57
170	Luke Maguire	20	01:01:52
172	Mark Coombs	21	00:53:15

171 Niall Tiernan	22	00:40:53
168 Michael McDarby	23	01:01:59
173 Dominic Harkins	24	00:53:55
175 Michael Maguire	25	00:57:44
171 Niall Tiernan	26	00:43:05
171 Niall Tiernan	27	00:49:56

6 27 24:45:49 Spitfires 8X

48 Peter Kelly	1	00:43:26
49 Joanne Kelly	2	00:47:30
55 Narelle Taylor	3	01:03:42
51 Douge Thomson	4	00:48:01
52 Catherine Thomson	5	01:01:44
50 Eileen Chowles	6	00:51:14
53 Michael Kelly	7	00:49:15
54 Neil Hallam	8	00:49:09
48 Peter Kelly	9	00:43:45
49 Joanne Kelly	10	00:50:01
55 Narelle Taylor	11	01:06:09
51 Douge Thomson	12	00:52:01
52 Catherine Thomson	13	01:04:42
50 Eileen Chowles	14	00:56:04
53 Michael Kelly	15	00:56:09
54 Neil Hallam	16	00:56:05
48 Peter Kelly	17	00:47:27
49 Joanne Kelly	18	00:55:31
55 Narelle Taylor	19	01:29:07
51 Douge Thomson	20	00:58:21
52 Catherine Thomson	21	01:04:20
50 Eileen Chowles	22	00:52:13

53 Michael Kelly	23	00:53:40
54 Neil Hallam	24	00:55:47
48 Peter Kelly	25	00:47:47
49 Joanne Kelly	26	00:49:51
50 Eileen Chowles	27	00:52:48

7 27 24:47:09 UKRunchat TeamBlue 8X

91 Simon Parsons	1	00:40:37
89 Jeff Mitchell	2	00:52:32
93 Martin Powell	3	00:54:35
90 Vinnie Purdy	4	00:39:30
92 Lorraine Parsons	5	00:51:04
88 Dave Leabourne	6	00:57:52
94 Ian Mitchell	7	00:57:29
91 Simon Parsons	8	00:40:24
89 Jeff Mitchell	9	00:56:45
93 Martin Powell	10	00:59:53
90 Vinnie Purdy	11	00:43:31
92 Lorraine Parsons	12	00:51:39
88 Dave Leabourne	13	01:03:56
94 Ian Mitchell	14	00:59:57
91 Simon Parsons	15	00:43:02
89 Jeff Mitchell	16	01:05:15
93 Martin Powell	17	01:04:52
90 Vinnie Purdy	18	00:44:12
92 Lorraine Parsons	19	00:55:01
88 Dave Leabourne	20	01:08:19
94 Ian Mitchell	21	01:10:16
91 Simon Parsons	22	00:43:00
89 Jeff Mitchell	23	01:08:26

				93 Martin Powell	24	01:11:39
				90 Vinnie Purdy	25	00:42:32
				92 Lorraine Parsons	26	00:56:10
				88 Dave Leabourne	27	01:04:41
8	26	23:50:29	East End Road Runners 8X	182 Neil Ansell	1	00:55:00
				177 Claire Adamson	2	00:57:06
				183 Allyson Johnson	3	01:08:48
				180 Ian Pithouse	4	00:41:00
				179 Alejandro Folch-Coll	5	00:39:28
				178 Phillip Minns	6	00:38:34
				181 Ravindra Akinlawon	7	01:04:27
				181 Ravindra Akinlawon	8	01:04:13
				176 Asad Muzammal	9	01:04:12
				178 Phillip Minns	10	00:40:33
				179 Alejandro Folch-Coll	11	00:42:44
				177 Claire Adamson	12	01:01:13
				183 Allyson Johnson	13	01:17:43
				178 Phillip Minns	14	00:41:48
				179 Alejandro Folch-Coll	15	00:48:27
				182 Neil Ansell	16	01:07:58
				182 Neil Ansell	17	01:11:34
				177 Claire Adamson	18	01:05:17
				180 Ian Pithouse	19	00:45:17
				180 Ian Pithouse	20	00:44:35
				181 Ravindra Akinlawon	21	01:05:12
				178 Phillip Minns	22	00:45:32
				179 Alejandro Folch-Coll	23	00:45:39
				177 Claire Adamson	24	01:01:14

180 Ian Pithouse	25	00:43:26
178 Phillip Minns	26	01:09:29

9	26	23:55:24	The Goonies	8X
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59 David Barton	1	00:50:13
56 Kelvin Chadwick	2	01:09:45
60 Brian Day	3	00:43:38
57 Sarah Wanden	4	00:53:55
61 Nick Smith	5	00:36:36
58 Darren Hardiman	6	00:56:03
59 David Barton	7	00:53:49
60 Brian Day	8	00:43:19
57 Sarah Wanden	9	00:55:10
61 Nick Smith	10	00:36:53
57 Sarah Wanden	11	00:49:00
59 David Barton	12	01:07:56
60 Brian Day	13	00:52:27
57 Sarah Wanden	14	00:57:03
61 Nick Smith	15	00:40:40
59 David Barton	16	01:00:58
60 Brian Day	17	00:45:00
57 Sarah Wanden	18	01:04:46
61 Nick Smith	19	00:40:45
59 David Barton	20	01:09:59
56 Kelvin Chadwick	21	01:24:50
58 Darren Hardiman	22	01:12:14
60 Brian Day	23	01:10:23
57 Sarah Wanden	24	01:01:01
59 David Barton	25	01:00:13
61 Nick Smith	26	00:38:48

10	26	23:57:40	Viewtube	8X	208 Chris Cameron	1	00:36:04
					207 Paul Lewis	2	00:48:31
					212 Tony Lobo	3	00:48:55
					209 Andre Ellis	4	00:48:41
					213 Joseph Foon	5	00:51:57
					211 Dini Patel	6	01:00:54
					208 Chris Cameron	7	00:36:07
					207 Paul Lewis	8	00:49:14
					212 Tony Lobo	9	00:54:43
					209 Andre Ellis	10	00:57:41
					213 Joseph Foon	11	00:59:23
					211 Dini Patel	12	01:16:08
					210 Michael Keighley	13	01:10:33
					208 Chris Cameron	14	00:44:46
					207 Paul Lewis	15	00:53:36
					212 Tony Lobo	16	00:55:56
					209 Andre Ellis	17	00:59:28
					213 Joseph Foon	18	01:12:29
					210 Michael Keighley	19	01:16:18
					208 Chris Cameron	20	00:49:08
					207 Paul Lewis	21	00:53:09
					212 Tony Lobo	22	00:56:57
					209 Andre Ellis	23	00:58:45
					208 Chris Cameron	24	00:44:09
					207 Paul Lewis	25	00:57:26
					213 Joseph Foon	26	00:56:42
					212 Tony Lobo	27	01:02:50

11	26	24:08:28	DTAC Road Runners 3 8X	190 Richard Belsey	1	00:49:07
				192 Pat Hayball	2	00:55:01
				193 Carolyn Squire	3	00:52:11
				196 Richard Slack	4	00:42:47
				191 John Slack	5	00:52:05
				195 Barry Davies	6	00:48:36
				225 Caspar Du Busson	7	01:00:35
				190 Richard Belsey	8	00:53:44
				192 Pat Hayball	9	00:58:47
				193 Carolyn Squire	10	00:56:43
				196 Richard Slack	11	00:43:56
				191 John Slack	12	00:55:07
				195 Barry Davies	13	01:07:46
				225 Caspar Du Busson	14	01:08:28
				190 Richard Belsey	15	01:01:41
				192 Pat Hayball	16	00:57:47
				193 Carolyn Squire	17	00:56:40
				196 Richard Slack	18	00:44:59
				195 Barry Davies	19	01:07:26
				191 John Slack	20	00:57:45
				190 Richard Belsey	21	01:00:16
				192 Pat Hayball	22	01:03:04
				193 Carolyn Squire	23	00:58:58
				196 Richard Slack	24	00:44:04
				195 Barry Davies	25	00:53:54
				191 John Slack	26	00:57:01
12	26	24:23:06	GRR Scrambled Legs 8X	123 Andrea Edwards	1	00:51:10
				120 Rachel Gee	2	01:00:32

121	Lucy Hudson	3	00:56:03
127	David Brace	4	00:53:22
122	Karen Phillips	5	00:52:00
126	Nicola White	6	00:51:26
124	Kevin White	7	00:39:36
125	Nick McBeath	8	00:48:55
123	Andrea Edwards	9	00:50:40
120	Rachel Gee	10	01:01:02
121	Lucy Hudson	11	01:01:22
127	David Brace	12	01:01:16
122	Karen Phillips	13	01:06:02
126	Nicola White	14	00:55:26
124	Kevin White	15	00:45:51
125	Nick McBeath	16	01:08:07
123	Andrea Edwards	17	00:54:23
120	Rachel Gee	18	01:06:49
121	Lucy Hudson	19	01:06:51
127	David Brace	20	00:55:48
122	Karen Phillips	21	01:09:44
126	Nicola White	22	00:58:36
124	Kevin White	23	00:42:54
125	Nick McBeath	24	01:00:01
123	Andrea Edwards	25	00:58:44
124	Kevin White	26	00:46:26

13 26 24:24:54 UKRunchat TeamRed 8X

83	Danny Mortimer	1	00:46:39
81	Gareth Davies	2	00:43:13
80	Christine Bertram	3	00:43:20
82	Michelle Mortimer	4	01:06:21

86 Frank O'Leary	5	01:01:54
85 Adrian List	6	00:40:10
81 Gareth Davies	7	00:43:45
83 Danny Mortimer	8	00:52:08
80 Christine Bertram	9	00:43:29
82 Michelle Mortimer	10	01:03:15
86 Frank O'Leary	11	01:07:56
85 Adrian List	12	00:44:20
83 Danny Mortimer	13	00:49:58
81 Gareth Davies	14	00:52:44
80 Christine Bertram	15	00:51:45
82 Michelle Mortimer	16	01:19:27
86 Frank O'Leary	17	01:18:18
85 Adrian List	18	00:48:23
81 Gareth Davies	19	00:59:39
80 Christine Bertram	20	00:56:20
81 Gareth Davies	21	00:58:45
85 Adrian List	22	01:22:45
85 Adrian List	23	00:59:41
80 Christine Bertram	24	00:55:38
81 Gareth Davies	25	00:53:39
85 Adrian List	26	01:01:22

14 25 24:17:52 H90J2 8X

153 Ron Dobie	1	00:54:38
159 Emma Tangye	2	00:54:05
154 Andy Bearwish	3	00:53:44
157 Chris Heapy	4	01:05:06
153 Ron Dobie	5	00:57:21
158 Paul Hutchins	6	00:58:10

155	Christina Clementson	7	00:50:45
156	Joanne Reeves	8	00:47:35
159	Emma Tangye	9	00:55:36
152	Neil Moses	10	00:54:45
154	Andy Bearwish	11	00:57:59
157	Chris Heapy	12	00:53:07
152	Neil Moses	13	01:03:45
158	Paul Hutchins	14	01:02:22
155	Christina Clementson	15	00:56:14
156	Joanne Reeves	16	00:58:52
159	Emma Tangye	17	00:57:54
154	Andy Bearwish	18	01:00:07
153	Ron Dobie	19	01:05:23
153	Ron Dobie	20	01:02:55
152	Neil Moses	21	01:00:32
158	Paul Hutchins	22	01:02:39
155	Christina Clementson	23	00:54:27
156	Joanne Reeves	24	00:55:51
156	Joanne Reeves	25	01:14:00

15 25 24:17:52 Havering 90 Joggers 1 8X

147	Nichola Fairbairn	1	00:54:38
149	Kevin Flower	2	00:54:05
151	Steve Sheekey	3	00:53:45
148	Victoria Bryant	4	01:05:05
147	Nichola Fairbairn	5	00:57:21
145	Helen Mackenzie-Carr	6	00:58:09
150	Denis Mole	7	00:50:47
144	David Evans	8	00:47:34
149	Kevin Flower	9	00:55:34

146	Brian Slade	10	00:55:15
151	Steve Sheekey	11	00:57:31
148	Victoria Bryant	12	00:53:07
146	Brian Slade	13	01:03:45
145	Helen Mackenzie-Carc	14	01:02:22
150	Denis Mole	15	00:56:18
144	David Evans	16	00:58:48
149	Kevin Flower	17	00:57:53
151	Steve Sheekey	18	01:00:08
147	Nichola Fairbairn	19	01:05:13
148	Victoria Bryant	20	01:03:05
146	Brian Slade	21	01:00:32
145	Helen Mackenzie-Carc	22	01:02:39
150	Denis Mole	23	00:54:27
144	David Evans	24	00:55:51
144	David Evans	25	01:14:00

16 25 24:33:03 GuideRunning:UK 8X

220	Phil Bradburn	1	00:46:01
215	Simon Wheatcroft	2	01:02:36
218	Adam Khalifa	3	00:41:52
222	James Mackeddie	4	00:43:25
215	Simon Wheatcroft	5	01:05:06
218	Adam Khalifa	6	00:46:57
216	Braddan Johnson	7	00:39:41
215	Simon Wheatcroft	8	01:10:54
219	Barbara Pezzini	9	00:51:03
221	Louise Simpson	10	01:27:36
220	Phil Bradburn	11	00:51:40
221	Louise Simpson	12	01:32:27

219 Barbara Pezzini	13	00:54:17
216 Braddan Johnson	14	00:41:52
217 Neil Truelove	15	00:53:55
221 Louise Simpson	16	02:17:00
222 James Mackeddie	17	00:47:15
219 Barbara Pezzini	18	01:05:27
217 Neil Truelove	19	00:47:14
220 Phil Bradburn	20	01:15:33
216 Braddan Johnson	21	00:43:39
222 James Mackeddie	22	00:54:03
220 Phil Bradburn	23	01:02:48
216 Braddan Johnson	24	00:44:11
217 Neil Truelove	25	00:46:31

17 25 24:36:22 DTAC Road Runners 1 8X

64 Helen Reardon	1	00:58:07
67 Kirsty Russell	2	00:57:52
68 Jason Hawkrigde	3	00:51:31
70 Meg Brooks	4	00:59:37
65 Jessica Tanner	5	00:52:59
66 Catherine Davies	6	00:42:21
69 Nick Manning	7	01:06:03
71 Alex Dean	8	00:51:23
67 Kirsty Russell	9	00:59:36
64 Helen Reardon	10	01:04:40
64 Helen Reardon	11	01:20:50
68 Jason Hawkrigde	12	00:54:25
65 Jessica Tanner	13	00:54:01
71 Alex Dean	14	00:58:04
66 Catherine Davies	15	00:52:53

65	Jessica Tanner	16	01:01:19
68	Jason Hawkrigde	17	01:05:16
71	Alex Dean	18	01:02:28
66	Catherine Davies	19	00:52:01
70	Meg Brooks	20	01:02:56
67	Kirsty Russell	21	01:06:10
65	Jessica Tanner	22	00:58:52
70	Meg Brooks	23	01:06:04
67	Kirsty Russell	24	01:06:58
66	Catherine Davies	25	00:49:56

18 24 23:43:06 Albany Athletes 8X

184	David Malbon	1	00:46:25
188	Andrew Bartrip	2	00:48:23
187	Alison Bartrip	3	00:48:18
185	Michelle Dawkins	4	01:01:06
186	Richard Gray	5	00:56:40
189	Andrew Dickens	6	00:57:19
184	David Malbon	7	00:46:26
188	Andrew Bartrip	8	00:49:24
187	Alison Bartrip	9	00:49:57
185	Michelle Dawkins	10	01:03:37
186	Richard Gray	11	00:59:08
189	Andrew Dickens	12	01:15:57
184	David Malbon	13	00:50:37
188	Andrew Bartrip	14	01:01:51
187	Alison Bartrip	15	01:01:18
185	Michelle Dawkins	16	01:15:14
186	Richard Gray	17	01:01:59
189	Andrew Dickens	18	01:24:02

					184 David Malbon	19	00:49:30
					188 Andrew Bartrip	20	00:59:55
					187 Alison Bartrip	21	00:54:28
					185 Michelle Dawkins	22	01:12:03
					186 Richard Gray	23	01:02:06
					189 Andrew Dickens	24	01:07:23
19	23	23:12:17	Elm Park Bombers	8X	118 Anthony Holland	1	00:48:15
					116 Matt Collard	2	00:44:15
					119 Colette Coyle	3	00:57:19
					113 Lucy Brooks	4	01:00:35
					115 Lee Smith	5	00:55:44
					114 John Delander	6	00:49:53
					116 Matt Collard	7	00:45:42
					117 Daniel Scott	8	00:48:45
					112 Mark Brooks	9	00:52:35
					118 Anthony Holland	10	00:50:00
					119 Colette Coyle	11	01:00:15
					115 Lee Smith	12	01:10:05
					114 John Delander	13	00:55:56
					117 Daniel Scott	14	00:54:13
					112 Mark Brooks	15	00:59:57
					118 Anthony Holland	16	00:52:54
					115 Lee Smith	17	01:36:26
					114 John Delander	18	01:13:44
					117 Daniel Scott	19	01:03:55
					119 Colette Coyle	20	01:15:25
					118 Anthony Holland	21	00:55:53
					115 Lee Smith	22	01:36:26

114 John Delander

23

01:04:05