

## Mixed teams of 6-8

### Lap times



Pos	Tot Laps	Tot Time	Team	Number	Name	Lap No	Lap Time
1	34	24:10:55	Beer Runners	538	Simon le Good	1	00:39:15
				541	Neil Smith	2	00:40:26
				540	Tom Stephenson	3	00:35:31
				537	Sarah Green	4	00:42:50
				535	Beate Stindt	5	00:45:48
				534	Alex Quinn	6	00:40:09
				536	Craig Tucker	7	00:46:19
				539	Stuart Waterman	8	00:41:45
				538	Simon le Good	9	00:40:40
				541	Neil Smith	10	00:42:53
				540	Tom Stephenson	11	00:36:43
				537	Sarah Green	12	00:43:30
				535	Beate Stindt	13	00:46:07
				534	Alex Quinn	14	00:40:25
				536	Craig Tucker	15	00:44:45
				539	Stuart Waterman	16	00:44:01
				538	Simon le Good	17	00:41:52
				541	Neil Smith	18	00:42:08
				540	Tom Stephenson	19	00:37:55
				537	Sarah Green	20	00:46:17
				535	Beate Stindt	21	00:45:49
				534	Alex Quinn	22	00:42:10
				536	Craig Tucker	23	00:46:42

				539	Stuart Waterman	24	00:44:24
				538	Simon le Good	25	00:42:45
				541	Neil Smith	26	00:42:26
				540	Tom Stephenson	27	00:38:15
				540	Tom Stephenson	28	00:38:58
				537	Sarah Green	29	00:43:13
				535	Beate Stindt	30	00:48:17
				534	Alex Quinn	31	00:40:26
				536	Craig Tucker	32	00:46:33
				539	Stuart Waterman	33	00:44:09
				541	Neil Smith	34	00:47:29
2	34	24:37:26	East End Road Runners	480	Rodney Baldwin	1	00:40:23
				486	Sam Wilkinson	2	00:38:46
				481	Ian Pithouse	3	00:40:51
				484	Seth Healey	4	00:36:18
				485	Jamie Zucker	5	00:44:04
				487	Rory Tregaskis	6	00:45:28
				482	Marc Upton	7	00:44:15
				483	Becca White	8	00:45:09
				480	Rodney Baldwin	9	00:42:07
				486	Sam Wilkinson	10	00:39:02
				484	Seth Healey	11	00:37:00
				485	Jamie Zucker	12	00:45:23
				481	Ian Pithouse	13	00:40:59
				487	Rory Tregaskis	14	00:44:47
				482	Marc Upton	15	00:46:49
				483	Becca White	16	00:45:44
				480	Rodney Baldwin	17	00:42:52

484	Seth Healey	18	00:39:24
485	Jamie Zucker	19	00:48:38
481	Ian Pithouse	20	00:42:45
486	Sam Wilkinson	21	00:40:53
487	Rory Tregaskis	22	00:49:08
482	Marc Upton	23	00:48:04
483	Becca White	24	00:48:09
484	Seth Healey	25	00:39:46
480	Rodney Baldwin	26	00:43:05
485	Jamie Zucker	27	00:49:39
481	Ian Pithouse	28	00:41:31
486	Sam Wilkinson	29	00:42:13
487	Rory Tregaskis	30	00:49:50
482	Marc Upton	31	00:47:12
483	Becca White	32	00:45:44
484	Seth Healey	33	00:38:31
486	Sam Wilkinson	34	00:42:57

3	34	24:50:18	Viewtube Mixed 1	819	Alessio Cardone	1	00:39:44
				815	Syed Asad Haq	2	00:41:49
				813	Ivaylo Enchev	3	00:42:30
				814	Steven Glanville	4	00:39:28
				818	Lindsey Buckley	5	00:46:47
				812	Petter Axby	6	00:43:13
				816	Vadim Mindru	7	00:45:20
				817	Alberto Mota	8	00:40:36
				819	Alessio Cardone	9	00:40:36
				815	Syed Asad Haq	10	00:43:35
				813	Ivaylo Enchev	11	00:44:13

				814	Steven Glanville	12	00:39:28
				818	Lindsey Buckley	13	00:46:41
				812	Petter Axby	14	00:43:22
				816	Vadim Mindru	15	00:42:04
				817	Alberto Mota	16	00:41:34
				819	Alessio Cardone	17	00:41:02
				815	Syed Asad Haq	18	00:45:13
				813	Ivaylo Enchev	19	00:46:38
				814	Steven Glanville	20	00:42:29
				818	Lindsey Buckley	21	00:48:17
				812	Petter Axby	22	00:43:54
				816	Vadim Mindru	23	00:47:09
				817	Alberto Mota	24	00:41:03
				819	Alessio Cardone	25	00:41:04
				815	Syed Asad Haq	26	00:45:17
				813	Ivaylo Enchev	27	00:44:22
				814	Steven Glanville	28	00:45:52
				818	Lindsey Buckley	29	00:49:17
				812	Petter Axby	30	00:45:04
				816	Vadim Mindru	31	00:48:08
				817	Alberto Mota	32	00:43:14
				819	Alessio Cardone	33	00:40:53
				815	Syed Asad Haq	34	00:50:22

4	33	24:21:38	Havering Tri III	467	Marton Cseik	1	00:36:25
				469	Mark Birrell	2	00:39:30
				466	Mark Billyard	3	00:40:48
				468	Neill Butcher	4	00:43:08
				470	Nicholas Gillmore	5	00:40:01

465	Lee Dale	6	00:46:30
471	James Stubbs	7	00:48:02
464	Angela Thompson	8	00:53:27
467	Marton Cseik	9	00:35:04
469	Mark Birrell	10	00:40:58
466	Mark Billyard	11	00:41:55
468	Neill Butcher	12	00:43:15
470	Nicholas Gillmore	13	00:42:31
465	Lee Dale	14	00:46:43
471	James Stubbs	15	00:51:15
464	Angela Thompson	16	00:51:46
467	Marton Cseik	17	00:34:24
469	Mark Birrell	18	00:49:18
466	Mark Billyard	19	00:46:16
468	Neill Butcher	20	00:44:41
470	Nicholas Gillmore	21	00:45:57
465	Lee Dale	22	00:49:51
471	James Stubbs	23	00:56:01
467	Marton Cseik	24	00:35:32
469	Mark Birrell	25	00:42:53
466	Mark Billyard	26	00:44:33
468	Neill Butcher	27	00:47:29
470	Nicholas Gillmore	28	00:45:28
465	Lee Dale	29	00:47:37
471	James Stubbs	30	00:51:44
467	Marton Cseik	31	00:35:24
469	Mark Birrell	32	00:42:21
466	Mark Billyard	33	00:40:51

5	33	24:24:17	HRR FASTER	526	Nathan Roulson	1	00:40:14
				530	Gavin Allen	2	00:35:34
				528	Bob Langley	3	00:43:50
				529	Dan Hollinshead	4	00:43:23
				527	Rosie Atkins	5	00:47:05
				531	Jim Clark	6	00:39:44
				530	Gavin Allen	7	00:36:39
				532	Jon Buist	8	00:42:18
				526	Nathan Roulson	9	00:42:15
				528	Bob Langley	10	00:43:51
				529	Dan Hollinshead	11	00:44:41
				533	Sam Wolton	12	00:44:12
				527	Rosie Atkins	13	00:48:50
				531	Jim Clark	14	00:41:37
				532	Jon Buist	15	00:42:42
				530	Gavin Allen	16	00:41:10
				526	Nathan Roulson	17	00:42:34
				529	Dan Hollinshead	18	00:44:49
				527	Rosie Atkins	19	00:51:20
				530	Gavin Allen	20	00:39:58
				533	Sam Wolton	21	00:47:27
				531	Jim Clark	22	00:42:51
				531	Jim Clark	23	01:00:10
				532	Jon Buist	24	00:44:00
				526	Nathan Roulson	25	00:44:16
				530	Gavin Allen	26	00:38:53
				527	Rosie Atkins	27	00:49:45
				533	Sam Wolton	28	00:48:35
				529	Dan Hollinshead	29	00:44:35

				530	Gavin Allen	30	00:40:03
				532	Jon Buist	31	00:46:49
				526	Nathan Roulson	32	00:46:39
				533	Sam Wolton	33	00:53:28
6	30	24:09:22	Havering Tri Again	701	Richard Alston	1	00:42:26
				694	Brett Thake	2	00:47:59
				695	Gary Band	3	00:42:23
				698	Matt Rose	4	00:46:31
				697	Mark Harbige	5	00:45:45
				696	Janine Harbige	6	00:55:01
				700	Simon Best	7	00:44:41
				699	Nigel Clark	8	00:48:29
				701	Richard Alston	9	00:45:16
				695	Gary Band	10	00:43:30
				694	Brett Thake	11	00:53:16
				698	Matt Rose	12	00:48:58
				700	Simon Best	13	00:47:25
				697	Mark Harbige	14	00:51:17
				696	Janine Harbige	15	00:54:57
				699	Nigel Clark	16	00:50:47
				701	Richard Alston	17	00:45:42
				695	Gary Band	18	00:46:17
				694	Brett Thake	19	00:57:59
				698	Matt Rose	20	00:51:47
				700	Simon Best	21	00:46:48
				699	Nigel Clark	22	00:49:35
				695	Gary Band	23	00:44:44
				701	Richard Alston	24	00:47:04

697	Mark Harbige	25	00:48:45
696	Janine Harbige	26	00:52:26
695	Gary Band	27	00:45:42
700	Simon Best	28	00:48:12
701	Richard Alston	29	00:47:59
697	Mark Harbige	30	00:47:41

7	30	24:26:00	Team Cool	859	Jen Richardson	1	00:59:46
				856	Maija Kozlova	2	00:43:20
				854	John Uff	3	00:36:45
				855	Liam O'Grady	4	00:42:27
				853	Daniel Kitchie	5	00:45:53
				852	Chris Hurcomb	6	00:54:34
				858	Rachael Leah	7	00:49:45
				857	Paula Kessler	8	00:47:32
				859	Jen Richardson	9	00:59:16
				856	Maija Kozlova	10	00:42:23
				854	John Uff	11	00:38:37
				855	Liam O'Grady	12	00:43:54
				853	Daniel Kitchie	13	00:46:19
				852	Chris Hurcomb	14	00:51:16
				858	Rachael Leah	15	00:49:45
				857	Paula Kessler	16	00:56:49
				859	Jen Richardson	17	01:00:26
				856	Maija Kozlova	18	00:44:55
				854	John Uff	19	00:40:27
				853	Daniel Kitchie	20	00:53:07
				858	Rachael Leah	21	00:57:17
				852	Chris Hurcomb	22	00:55:51



				857	Paula Kessler	23	00:49:01
				859	Jen Richardson	24	01:13:45
				856	Maija Kozlova	25	00:44:01
				854	John Uff	26	00:39:13
				855	Liam O'Grady	27	00:41:33
				853	Daniel Kitchie	28	00:42:50
				857	Paula Kessler	29	00:46:34
				854	John Uff	30	00:48:39
8	30	24:31:53	East End Road Runners - White	630	Paul Jackson	1	00:48:10
				637	Rolston Lecointe	2	00:46:51
				634	Celine Homsey	3	00:49:23
				633	Simon Downs	4	00:48:35
				631	Tess Healey	5	00:47:21
				632	Didier Raffray	6	00:36:39
				635	Ulrike Gerstenberg	7	00:49:45
				630	Paul Jackson	8	00:50:40
				637	Rolston Lecointe	9	00:50:17
				634	Celine Homsey	10	00:51:07
				636	Olga Stignii	11	00:44:26
				636	Olga Stignii	12	00:47:55
				633	Simon Downs	13	00:49:07
				631	Tess Healey	14	00:47:56
				632	Didier Raffray	15	00:52:52
				635	Ulrike Gerstenberg	16	00:49:55
				637	Rolston Lecointe	17	00:58:18
				634	Celine Homsey	18	00:55:02
				634	Celine Homsey	19	00:58:04
				636	Olga Stignii	20	00:45:21

633	Simon Downs	21	00:50:38
630	Paul Jackson	22	00:49:32
631	Tess Healey	23	00:46:58
632	Didier Raffray	24	00:56:26
635	Ulrike Gerstenberg	25	00:51:03
637	Rolston Lecointe	26	00:51:14
636	Olga Stignii	27	00:44:57
633	Simon Downs	28	00:53:37
631	Tess Healey	29	00:47:23
630	Paul Jackson	30	00:32:21

9	29	24:06:23	Blood Sweat & Beers	825	Joscelyn Attenborough-Jones	1	00:47:53
				822	Gareth Allen	2	00:41:06
				827	Gemma Thompson	3	00:50:51
				826	Mark Thompson	4	00:47:17
				824	Joe Gross	5	00:44:09
				821	Emma Flint	6	00:54:00
				820	Daniel Bateman	7	00:49:25
				823	Jan Thompson	8	00:59:59
				825	Joscelyn Attenborough-Jones	9	00:47:36
				822	Gareth Allen	10	00:41:46
				827	Gemma Thompson	11	00:51:25
				826	Mark Thompson	12	00:48:24
				824	Joe Gross	13	00:46:25
				825	Joscelyn Attenborough-Jones	14	00:49:41
				822	Gareth Allen	15	00:43:02
				827	Gemma Thompson	16	00:53:51
				821	Emma Flint	17	00:55:47
				820	Daniel Bateman	18	00:54:03

				826	Mark Thompson	19	00:49:07
				824	Joe Gross	20	00:45:43
				823	Jan Thompson	21	01:16:26
				825	Joscelyn Attenborough-Jones	22	00:49:36
				822	Gareth Allen	23	00:41:33
				827	Gemma Thompson	24	00:53:32
				826	Mark Thompson	25	00:49:29
				824	Joe Gross	26	00:48:02
				821	Emma Flint	27	00:56:24
				825	Joscelyn Attenborough-Jones	28	00:47:38
				822	Gareth Allen	29	00:42:13
10	29	24:30:06	Havering Tri	404	Les Nottage	1	00:43:05
				407	Graham Goddard	2	00:47:17
				403	Glen Stannard	3	00:46:06
				406	PAUL SMAILES	4	00:47:37
				405	Neill Butcher	5	00:51:40
				401	David Sampayo	6	00:49:22
				402	Geoff White	7	00:51:05
				400	Chantel C	8	00:46:56
				404	Les Nottage	9	00:44:22
				407	Graham Goddard	10	00:51:28
				403	Glen Stannard	11	00:49:49
				406	PAUL SMAILES	12	00:48:59
				405	Neill Butcher	13	00:51:46
				401	David Sampayo	14	00:49:18
				402	Geoff White	15	00:59:29
				400	Chantel C	16	00:54:07
				404	Les Nottage	17	00:48:37

407	Graham Goddard	18	00:53:35
403	Glen Stannard	19	00:58:45
406	PAUL SMAILES	20	00:48:30
405	Neill Butcher	21	00:55:24
401	David Sampayo	22	00:51:06
402	Geoff White	23	00:55:43
400	Chantel C	24	00:50:54
404	Les Nottage	25	00:44:42
407	Graham Goddard	26	00:53:55
403	Glen Stannard	27	00:50:32
406	PAUL SMAILES	28	00:48:33
405	Neill Butcher	29	00:57:24

11	29	24:33:50	BSRC Sneaky Speedies	642	Mark Lawrence	1	00:44:26
				645	Bekah Cranch	2	00:51:11
				644	Simon Ellice	3	00:41:52
				641	Ellen Brooks	4	00:55:02
				639	Chris Holt	5	00:56:13
				643	Lorraine Evans	6	00:56:00
				638	Jason Hasty	7	00:42:44
				640	Denise Allsopp	8	00:54:44
				642	Mark Lawrence	9	00:45:17
				645	Bekah Cranch	10	00:50:13
				644	Simon Ellice	11	00:42:27
				641	Ellen Brooks	12	00:53:37
				639	Chris Holt	13	00:58:53
				643	Lorraine Evans	14	00:56:59
				638	Jason Hasty	15	00:44:46
				640	Denise Allsopp	16	00:55:53

				642	Mark Lawrence	17	00:43:46
				645	Bekah Cranch	18	00:54:03
				644	Simon Ellice	19	00:42:44
				641	Ellen Brooks	20	00:54:53
				639	Chris Holt	21	01:00:44
				643	Lorraine Evans	22	00:54:48
				638	Jason Hasty	23	00:43:27
				640	Denise Allsopp	24	00:56:35
				642	Mark Lawrence	25	00:44:58
				645	Bekah Cranch	26	00:50:41
				644	Simon Ellice	27	00:42:14
				641	Ellen Brooks	28	00:54:55
				640	Denise Allsopp	29	00:59:45

12	28	23:45:05	V.E.T.E.R.A.N.S.	779	Tom Daldorph	1	00:44:14
				776	Richard Seal	2	00:49:57
				774	Emma Seal	3	00:53:34
				778	Vicky Turner	4	00:59:58
				773	Emma Daldorph	5	01:05:11
				772	Adam Turner	6	00:40:08
				775	Nick Phillips	7	00:43:06
				777	Simon Daldorph	8	00:47:20
				774	Emma Seal	9	00:54:49
				779	Tom Daldorph	10	00:46:09
				772	Adam Turner	11	00:46:01
				775	Nick Phillips	12	00:44:58
				777	Simon Daldorph	13	00:54:21
				776	Richard Seal	14	00:51:27
				779	Tom Daldorph	15	00:52:21

772	Adam Turner	16	00:43:02
775	Nick Phillips	17	00:49:11
777	Simon Daldorph	18	00:52:50
776	Richard Seal	19	00:53:51
779	Tom Daldorph	20	00:53:38
772	Adam Turner	21	00:45:00
775	Nick Phillips	22	00:50:40
773	Emma Daldorph	23	01:01:29
774	Emma Seal	24	00:54:32
778	Vicky Turner	25	00:59:38
777	Simon Daldorph	26	00:52:27
779	Tom Daldorph	27	00:49:38
772	Adam Turner	28	00:45:35

13	28	24:31:27	Halstead HRR FAST	513	John Greenley	1	00:43:47
				518	Steve May	2	00:45:39
				517	Richard Tiller	3	00:51:35
				516	Lizzie Griffiths	4	01:05:04
				512	Jenn Langley	5	01:06:00
				514	Hazel Buist	6	00:58:07
				519	Wesley Atkins	7	00:41:40
				515	Karl Hillman	8	00:46:06
				513	John Greenley	9	00:46:19
				518	Steve May	10	00:44:53
				517	Richard Tiller	11	00:50:55
				516	Lizzie Griffiths	12	01:08:22
				512	Jenn Langley	13	01:01:08
				514	Hazel Buist	14	00:54:52
				519	Wesley Atkins	15	00:44:47

				515	Karl Hillman	16	00:49:50
				513	John Greenley	17	00:47:08
				518	Steve May	18	00:52:50
				517	Richard Tiller	19	00:56:47
				516	Lizzie Griffiths	20	01:09:52
				512	Jenn Langley	21	01:06:05
				519	Wesley Atkins	22	00:42:01
				515	Karl Hillman	23	00:51:03
				513	John Greenley	24	00:48:44
				518	Steve May	25	00:48:56
				517	Richard Tiller	26	00:55:08
				519	Wesley Atkins	27	00:43:24
				515	Karl Hillman	28	00:50:25

14	27	24:24:02	Kettering Town Harriers	787	Eddie Murphy	1	00:49:09
				786	Trudi Pike	2	00:47:14
				783	Paula Sinnott	3	00:58:39
				781	Anthony Poncia	4	00:49:11
				782	Ian Hearne	5	00:47:55
				780	Anthony Evans	6	00:50:25
				784	Steve Morris	7	00:59:03
				785	Steven Sinnott	8	00:48:00
				787	Eddie Murphy	9	00:50:17
				786	Trudi Pike	10	00:48:59
				783	Paula Sinnott	11	01:03:38
				781	Anthony Poncia	12	00:52:41
				782	Ian Hearne	13	00:50:08
				780	Anthony Evans	14	00:52:41
				784	Steve Morris	15	01:05:26

785	Steven Sinnott	16	00:49:54
787	Eddie Murphy	17	00:54:12
786	Trudi Pike	18	01:04:11
785	Steven Sinnott	19	00:56:09
781	Anthony Poncia	20	00:59:24
782	Ian Hearne	21	00:48:15
780	Anthony Evans	22	00:56:02
784	Steve Morris	23	01:03:13
783	Paula Sinnott	24	01:07:46
787	Eddie Murphy	25	00:51:43
786	Trudi Pike	26	00:49:18
785	Steven Sinnott	27	00:50:29

15	27	24:53:29	Run Dem Crew 1	576	Jason Lawrence	1	01:00:01
				575	Vicky Bird	2	00:48:51
				580	Christina Dimitrov	3	00:47:14
				581	Junior Robbants	4	00:52:58
				579	Sam McNamara	5	00:40:19
				577	Martin Thomas	6	01:04:58
				580	Christina Dimitrov	7	00:50:02
				581	Junior Robbants	8	00:52:05
				576	Jason Lawrence	9	00:53:04
				575	Vicky Bird	10	00:49:43
				575	Vicky Bird	11	00:50:04
				579	Sam McNamara	12	00:48:34
				579	Sam McNamara	13	00:46:50
				577	Martin Thomas	14	01:01:20
				576	Jason Lawrence	15	01:02:15
				576	Jason Lawrence	16	00:44:18



				580	Christina Dimitrov	17	00:57:25
				581	Junior Robbants	18	00:45:36
				575	Vicky Bird	19	00:58:54
				579	Sam McNamara	20	00:57:10
				577	Martin Thomas	21	01:21:59
				576	Jason Lawrence	22	00:47:08
				576	Jason Lawrence	23	00:43:12
				580	Christina Dimitrov	24	00:57:48
				575	Vicky Bird	25	00:52:41
				579	Sam McNamara	26	00:44:57
				575	Vicky Bird	27	01:54:03
16	26	23:58:17	Spitfire	587	Mark Dalby	1	00:43:43
				588	Michael Kelly	2	00:50:55
				582	Denise Pinckney	3	01:03:34
				584	eileen Chowles	4	00:48:13
				586	Karen Rushworth	5	00:57:25
				583	Doug Rushworth	6	01:04:43
				585	Joanne Kelly	7	00:56:42
				589	Peter Kelly	8	00:42:56
				587	Mark Dalby	9	00:45:38
				588	Michael Kelly	10	00:54:22
				582	Denise Pinckney	11	01:04:35
				584	eileen Chowles	12	00:50:25
				586	Karen Rushworth	13	00:56:08
				587	Mark Dalby	14	00:48:46
				583	Doug Rushworth	15	01:07:11
				584	eileen Chowles	16	00:52:06
				586	Karen Rushworth	17	01:02:58

587	Mark Dalby	18	00:59:21
583	Doug Rushworth	19	01:14:07
584	eileen Chowles	20	00:51:29
582	Denise Pinckney	21	01:04:38
588	Michael Kelly	22	00:56:15
584	eileen Chowles	23	00:53:49
587	Mark Dalby	24	00:54:11
589	Peter Kelly	25	00:47:20
589	Peter Kelly	26	00:46:47

17	26	24:02:48	Ostomy Lifestyle Athletes	684	Hannah Gagen	1	01:09:42
				680	Maria Adaway	2	00:51:50
				681	Scott Smith	3	01:03:00
				678	Owen Jones	4	00:50:10
				683	Tom Farrell	5	00:48:34
				682	Tim Bedingfield	6	00:43:23
				679	Katy Barnes	7	00:56:45
				685	Helen Bracey	8	01:01:35
				685	Helen Bracey	9	01:06:43
				684	Hannah Gagen	10	01:10:50
				680	Maria Adaway	11	00:53:34
				681	Scott Smith	12	01:02:50
				678	Owen Jones	13	00:50:00
				683	Tom Farrell	14	00:48:56
				682	Tim Bedingfield	15	00:43:12
				682	Tim Bedingfield	16	00:43:39
				679	Katy Barnes	17	00:56:58
				680	Maria Adaway	18	00:56:20
				678	Owen Jones	19	00:53:44

				683	Tom Farrell	20	00:51:09
				682	Tim Bedingfield	21	00:41:40
				685	Helen Bracey	22	01:08:28
				685	Helen Bracey	23	01:08:29
				679	Katy Barnes	24	00:56:02
				680	Maria Adaway	25	00:55:24
				683	Tom Farrell	26	00:49:51
18	26	24:03:46	West Malling Runners	883	James Gibbons	1	00:54:52
				877	Alex Trott	2	00:47:46
				878	Christopher Mccabe	3	00:46:06
				879	Claire Gibbons	4	01:03:31
				882	Julie Moran	5	00:49:23
				881	Emma Ford	6	00:56:12
				876	Runner 876	7	00:59:55
				883	James Gibbons	8	00:57:54
				877	Alex Trott	9	00:49:15
				878	Christopher Mccabe	10	00:45:27
				879	Claire Gibbons	11	01:05:43
				882	Julie Moran	12	00:50:19
				881	Emma Ford	13	00:56:03
				876	Runner 876	14	00:59:42
				883	James Gibbons	15	01:00:06
				877	Alex Trott	16	00:52:59
				878	Christopher Mccabe	17	00:49:24
				879	Claire Gibbons	18	01:12:15
				882	Julie Moran	19	00:50:58
				881	Emma Ford	20	00:57:56
				876	Runner 876	21	01:01:23

883	James Gibbons	22	01:03:01
877	Alex Trott	23	00:50:45
878	Christopher Mccabe	24	00:50:46
882	Julie Moran	25	00:51:28
881	Emma Ford	26	01:00:37

19	26	24:04:38	North Norfolk Beach Runners 2	649	Pete Grant	1	00:54:05
				650	Sal Ryder	2	00:52:08
				652	Stephen Moseley	3	00:42:04
				647	Catherine Young	4	01:01:29
				651	Sam James	5	00:50:39
				653	Amy Thompson	6	01:10:51
				648	Garry Thompsn	7	00:39:07
				646	Caroline James	8	01:03:52
				649	Pete Grant	9	00:56:15
				650	Sal Ryder	10	00:54:12
				652	Stephen Moseley	11	00:44:16
				647	Catherine Young	12	01:03:26
				651	Sam James	13	00:48:59
				653	Amy Thompson	14	01:08:56
				648	Garry Thompsn	15	00:41:00
				646	Caroline James	16	01:03:20
				649	Pete Grant	17	01:08:35
				650	Sal Ryder	18	00:56:37
				652	Stephen Moseley	19	00:44:59
				647	Catherine Young	20	01:12:26
				651	Sam James	21	00:54:12
				648	Garry Thompsn	22	00:45:39
				646	Caroline James	23	01:11:41

				652	Stephen Moseley	24	00:45:02
				650	Sal Ryder	25	00:56:38
				648	Garry Thompsn	26	00:54:10
20	26	24:05:19	Up Joggers	875	Karen Payne	1	00:57:16
				869	Claire Kilmartin	2	00:50:07
				870	Claire Nissen	3	00:58:29
				871	Georgia Climpson	4	00:48:32
				872	Lesley Gazzard	5	01:00:01
				873	Martin Longhurst	6	00:53:57
				874	Rebecca Davenport	7	00:49:17
				868	Alan Gazzard	8	00:47:55
				868	Alan Gazzard	9	00:51:35
				875	Karen Payne	10	00:58:55
				869	Claire Kilmartin	11	00:53:59
				870	Claire Nissen	12	01:04:57
				871	Georgia Climpson	13	00:53:45
				872	Lesley Gazzard	14	01:05:40
				873	Martin Longhurst	15	00:56:21
				874	Rebecca Davenport	16	00:55:09
				868	Alan Gazzard	17	00:52:35
				875	Karen Payne	18	01:03:09
				869	Claire Kilmartin	19	00:57:23
				870	Claire Nissen	20	01:03:30
				871	Georgia Climpson	21	00:50:30
				872	Lesley Gazzard	22	00:59:54
				873	Martin Longhurst	23	00:55:23
				874	Rebecca Davenport	24	00:52:12
				868	Alan Gazzard	25	00:50:02

				871	Georgia Climpson	26	00:54:46
21	26	24:06:12	Worst Pace Scenario	850	Ian Payne	1	00:51:51
				848	Nasif Nijabat	2	00:53:18
				845	Dawn Etherington	3	01:04:27
				847	Jennifer Chilton	4	00:59:53
				846	Diana Snelling	5	00:56:22
				844	Craig MacGregor	6	00:51:56
				849	Paul Rougier-Lagane	7	00:52:53
				850	Ian Payne	8	00:42:44
				848	Nasif Nijabat	9	00:47:19
				845	Dawn Etherington	10	01:02:51
				847	Jennifer Chilton	11	01:00:20
				846	Diana Snelling	12	00:56:39
				844	Craig MacGregor	13	00:53:21
				849	Paul Rougier-Lagane	14	00:52:03
				850	Ian Payne	15	00:49:00
				848	Nasif Nijabat	16	00:48:28
				845	Dawn Etherington	17	01:18:12
				847	Jennifer Chilton	18	01:00:35
				846	Diana Snelling	19	00:58:15
				849	Paul Rougier-Lagane	20	00:56:52
				850	Ian Payne	21	00:47:24
				848	Nasif Nijabat	22	00:45:40
				845	Dawn Etherington	23	01:03:19
				847	Jennifer Chilton	24	01:01:56
				846	Diana Snelling	25	00:56:40
				849	Paul Rougier-Lagane	26	00:53:54

22	26	24:23:42	Worst pace scenario 1	835	John Crawley	1	00:48:33
				830	Calvin Lindsay	2	00:49:17
				829	Anna Crawley	3	00:56:22
				833	Eric Fenn	4	00:50:21
				834	James Tidman	5	00:48:12
				835	John Crawley	6	00:48:08
				832	David Matthews	7	00:54:29
				830	Calvin Lindsay	8	00:55:09
				829	Anna Crawley	9	00:57:41
				831	Catherine Barker	10	01:04:01
				835	John Crawley	11	00:46:17
				833	Eric Fenn	12	00:54:12
				830	Calvin Lindsay	13	00:55:30
				834	James Tidman	14	00:50:54
				829	Anna Crawley	15	01:00:46
				832	David Matthews	16	00:56:38
				835	John Crawley	17	00:53:07
				833	Eric Fenn	18	01:03:32
				830	Calvin Lindsay	19	01:24:23
				831	Catherine Barker	20	01:12:58
				834	James Tidman	21	00:49:28
				829	Anna Crawley	22	01:01:58
				835	John Crawley	23	00:50:58
				832	David Matthews	24	01:00:00
				834	James Tidman	25	00:54:57
				835	John Crawley	26	00:55:51
23	25	23:54:35	Viewtube Mixed 2	559	Jenny Winter	1	00:56:41
				564	Xheryl St Jean Louis	2	01:01:41

558	Danute Grosz	3	00:58:14
563	Harry Papanastasiou	4	00:54:03
562	Neil Kitching	5	00:46:44
561	Tony Lobo	6	01:01:03
560	Marcia Fernandez	7	00:57:30
565	Chris Cameron	8	00:38:52
559	Jenny Winter	9	00:59:47
564	Xheryl St Jean Louis	10	01:04:24
558	Danute Grosz	11	00:57:24
563	Harry Papanastasiou	12	00:57:56
562	Neil Kitching	13	00:47:14
561	Tony Lobo	14	01:03:44
560	Marcia Fernandez	15	01:03:58
565	Chris Cameron	16	00:39:49
559	Jenny Winter	17	01:04:19
564	Xheryl St Jean Louis	18	01:16:36
558	Danute Grosz	19	00:59:28
563	Harry Papanastasiou	20	00:58:55
562	Neil Kitching	21	00:46:08
561	Tony Lobo	22	01:13:24
560	Marcia Fernandez	23	00:58:07
565	Chris Cameron	24	00:39:48
559	Jenny Winter	25	01:08:46

24	25	24:21:25	North Norfolk Beach Runners	614	Garry Hobart	1	00:54:06
				618	Neil Walpole	2	00:44:01
				621	Mandy Beresford	3	01:00:22
				615	Janice Hall	4	00:59:43
				617	Lesley Winston	5	00:57:13



619	Tom Tollady	6	00:51:13
620	Tina Moseley	7	01:02:42
616	Kirsty Hobart	8	00:59:39
614	Garry Hobart	9	00:54:43
618	Neil Walpole	10	00:43:52
621	Mandy Beresford	11	01:05:43
615	Janice Hall	12	01:02:33
617	Lesley Winston	13	00:57:14
619	Tom Tollady	14	01:02:23
620	Tina Moseley	15	01:05:32
616	Kirsty Hobart	16	01:04:33
614	Garry Hobart	17	00:59:25
618	Neil Walpole	18	00:45:42
621	Mandy Beresford	19	01:03:31
615	Janice Hall	20	01:03:32
617	Lesley Winston	21	00:57:55
619	Tom Tollady	22	00:57:40
620	Tina Moseley	23	01:06:14
616	Kirsty Hobart	24	01:02:54
614	Garry Hobart	25	00:59:00

25	25	24:33:17	The Dancing Badgers	409	Brian Slade	1	00:54:43
				410	Catherine O'Connor	2	01:03:52
				413	Lucy Burdett	3	00:52:49
				415	Peter Burdett	4	00:53:53
				414	Wayne O'Connor	5	00:47:50
				412	Debbie Ennis	6	01:08:45
				408	Andy Ennis	7	00:52:01
				411	Chris Muir	8	00:53:59

				415	Peter Burdett	9	00:53:18
				415	Peter Burdett	10	01:04:41
				409	Brian Slade	11	00:58:38
				414	Wayne O'Connor	12	00:52:49
				414	Wayne O'Connor	13	00:54:26
				411	Chris Muir	14	01:13:59
				413	Lucy Burdett	15	01:00:53
				413	Lucy Burdett	16	01:04:02
				408	Andy Ennis	17	00:52:59
				409	Brian Slade	18	01:03:26
				410	Catherine O'Connor	19	01:02:52
				415	Peter Burdett	20	00:54:46
				411	Chris Muir	21	01:05:24
				414	Wayne O'Connor	22	00:52:36
				413	Lucy Burdett	23	01:00:51
				408	Andy Ennis	24	00:58:08
				412	Debbie Ennis	25	01:11:37

26	25	24:45:07	Elm Park Bombers	439	David French	1	01:02:14
				438	Mark Brooks	2	01:05:22
				433	John Delander	3	00:49:08
				434	Paul Lynch	4	00:53:45
				435	Lucy Brooks	5	01:11:49
				432	Daniel Scott	6	00:53:06
				437	Joe Dear	7	00:51:43
				436	Colette Coyle	8	01:00:34
				439	David French	9	00:53:59
				438	Mark Brooks	10	01:03:34
				433	John Delander	11	00:49:47

434	Paul Lynch	12	01:02:20
435	Lucy Brooks	13	01:10:54
432	Daniel Scott	14	00:56:11
437	Joe Dear	15	00:49:53
436	Colette Coyle	16	01:01:29
439	David French	17	00:58:15
438	Mark Brooks	18	01:11:07
433	John Delander	19	00:47:34
434	Paul Lynch	20	00:58:35
435	Lucy Brooks	21	01:15:25
432	Daniel Scott	22	00:57:20
437	Joe Dear	23	00:55:03
436	Colette Coyle	24	01:03:26
433	John Delander	25	01:02:34

27	25	24:47:43	Havering Turbos	430	Sean Robins	1	00:51:02
				431	Laura Homer	2	00:58:31
				426	Kevin Juggins	3	00:50:51
				429	Paul Collins	4	00:50:27
				424	Amy Jones	5	01:02:18
				428	Mike Hewitt	6	01:14:46
				427	Lucy Edwards	7	01:05:59
				425	David Barker	8	00:56:06
				430	Sean Robins	9	00:49:46
				431	Laura Homer	10	01:00:17
				426	Kevin Juggins	11	00:49:25
				429	Paul Collins	12	00:50:52
				424	Amy Jones	13	00:57:59
				428	Mike Hewitt	14	01:21:00

				427	Lucy Edwards	15	01:12:00
				425	David Barker	16	00:59:00
				430	Sean Robins	17	00:51:16
				431	Laura Homer	18	00:58:36
				426	Kevin Juggins	19	00:53:22
				429	Paul Collins	20	00:52:29
				424	Amy Jones	21	00:58:58
				428	Mike Hewitt	22	01:22:40
				427	Lucy Edwards	23	01:15:40
				425	David Barker	24	00:55:37
				430	Sean Robins	25	00:48:46
28	24	24:01:18	Dagenham 88 Runners	601	Gary Cardnell	1	00:48:33
				599	Caroline Tuck	2	00:44:26
				600	Danny Allen	3	00:49:13
				604	Lee Duggan	4	00:56:33
				605	Ian Cummins	5	00:51:25
				598	Caroline Cummins	6	01:04:52
				602	Jacqui Elliot	7	01:17:20
				603	Julie Cardnell	8	01:13:59
				601	Gary Cardnell	9	00:48:15
				599	Caroline Tuck	10	00:46:07
				600	Danny Allen	11	00:49:15
				604	Lee Duggan	12	00:52:59
				605	Ian Cummins	13	00:54:49
				598	Caroline Cummins	14	01:08:14
				602	Jacqui Elliot	15	01:13:04
				603	Julie Cardnell	16	01:20:19
				601	Gary Cardnell	17	00:52:55

599	Caroline Tuck	18	00:46:44
600	Danny Allen	19	00:55:19
604	Lee Duggan	20	01:03:03
605	Ian Cummins	21	00:52:54
598	Caroline Cummins	22	01:04:22
602	Jacqui Elliot	23	01:21:06
603	Julie Cardnell	24	01:25:32

29	24	24:02:14	Team Monkey	765	Eve Collins	1	00:59:31
				764	Stephen Graham	2	00:51:44
				760	Lucy Ashiotis	3	00:59:19
				761	Michael Ashiotis	4	00:53:19
				759	Jennifer Laing	5	00:57:05
				763	Paul Rhodes	6	00:52:16
				758	James Biles	7	00:54:46
				765	Eve Collins	8	01:01:13
				764	Stephen Graham	9	00:52:50
				760	Lucy Ashiotis	10	00:59:25
				762	Michael Diver Burningham	11	01:31:03
				761	Michael Ashiotis	12	00:54:22
				759	Jennifer Laing	13	00:57:54
				763	Paul Rhodes	14	00:51:28
				758	James Biles	15	00:57:13
				765	Eve Collins	16	01:03:27
				764	Stephen Graham	17	00:54:12
				761	Michael Ashiotis	18	00:57:01
				760	Lucy Ashiotis	19	01:00:48
				759	Jennifer Laing	20	00:56:28
				763	Paul Rhodes	21	01:34:34

				758	James Biles	22	01:10:40
				764	Stephen Graham	23	00:54:49
				761	Michael Ashiotis	24	00:56:47
30	24	24:12:54	Think of the cake	591	Chris Parsons-Green	1	00:46:34
				594	Katie Jeffries	2	00:56:51
				595	Louise Crothall	3	00:47:52
				597	Jess Parsons-Green	4	00:57:16
				593	Jessie Jackson	5	01:11:34
				590	Beth Jackson	6	01:13:05
				592	Olga Delicka	7	01:12:42
				591	Chris Parsons-Green	8	00:51:15
				594	Katie Jeffries	9	00:56:37
				595	Louise Crothall	10	00:49:27
				597	Jess Parsons-Green	11	01:01:35
				590	Beth Jackson	12	01:17:37
				592	Olga Delicka	13	01:12:32
				591	Chris Parsons-Green	14	00:51:18
				594	Katie Jeffries	15	01:03:22
				595	Louise Crothall	16	00:52:26
				597	Jess Parsons-Green	17	01:02:14
				592	Olga Delicka	18	01:38:29
				591	Chris Parsons-Green	19	00:58:39
				595	Louise Crothall	20	00:53:44
				594	Katie Jeffries	21	01:02:22
				597	Jess Parsons-Green	22	00:58:27
				591	Chris Parsons-Green	23	00:47:37
				595	Louise Crothall	24	00:49:19

31	24	24:32:30	Itchen Spitfires Team White	668	Runner 668	1	00:56:38
				663	Maria Bowers	2	01:01:46
				664	Leah Tavner	3	00:57:02
				665	Julie Deards	4	00:54:52
				666	Ed Tavner	5	00:48:55
				667	Diane Abraham	6	01:02:44
				668	Runner 668	7	01:01:51
				663	Maria Bowers	8	01:03:07
				664	Leah Tavner	9	00:57:57
				665	Julie Deards	10	00:57:52
				666	Ed Tavner	11	00:57:36
				667	Diane Abraham	12	01:03:47
				668	Runner 668	13	01:04:50
				663	Maria Bowers	14	01:05:43
				664	Leah Tavner	15	01:01:09
				665	Julie Deards	16	01:00:45
				666	Ed Tavner	17	00:55:19
				667	Diane Abraham	18	01:05:51
				668	Runner 668	19	01:13:43
				663	Maria Bowers	20	01:08:30
				664	Leah Tavner	21	01:04:49
				665	Julie Deards	22	00:57:00
				666	Ed Tavner	23	00:51:40
				667	Diane Abraham	24	01:19:04

32	24	24:33:05	600 Squadron	675	Michael Robinson	1	00:51:08
				670	Alison Clifford	2	00:50:34
				674	John Rozzee	3	00:46:59
				677	Alan Wicks	4	00:59:51

676	Pam Howard	5	01:00:49
672	Deanne Jupp	6	01:13:27
671	Carol Nelson	7	01:04:02
673	Jackie Butler	8	01:10:31
675	Michael Robinson	9	00:52:54
670	Alison Clifford	10	00:51:52
674	John Rozzee	11	00:52:07
677	Alan Wicks	12	01:00:43
676	Pam Howard	13	01:05:37
672	Deanne Jupp	14	01:13:49
671	Carol Nelson	15	01:06:14
675	Michael Robinson	16	00:56:40
670	Alison Clifford	17	01:02:43
674	John Rozzee	18	00:52:36
677	Alan Wicks	19	01:04:06
676	Pam Howard	20	01:01:44
672	Deanne Jupp	21	01:18:30
671	Carol Nelson	22	01:10:20
675	Michael Robinson	23	00:57:54
677	Alan Wicks	24	01:07:55

33	23	22:15:39	Lost Footballers	810	Boothie Booth	1	00:45:21
				811	Catherine Beaver	2	00:52:28
				809	Samantha Wiley	3	00:44:02
				804	Abi Newey	4	00:54:47
				805	Ashleigh Mackenzie	5	00:57:20
				807	Miche Harvey-Perkins	6	00:52:29
				810	Boothie Booth	7	00:55:22
				811	Catherine Beaver	8	00:52:08



				809	Samantha Wiley	9	00:45:16
				804	Abi Newey	10	00:55:27
				805	Ashleigh Mackenzie	11	00:58:02
				807	Miche Harvey-Perkins	12	00:55:01
				810	Boothie Booth	13	01:05:14
				811	Catherine Beaver	14	00:55:24
				809	Samantha Wiley	15	00:49:27
				804	Abi Newey	16	01:03:46
				805	Ashleigh Mackenzie	17	01:07:34
				807	Miche Harvey-Perkins	18	00:56:35
				810	Boothie Booth	19	01:15:59
				811	Catherine Beaver	20	01:01:54
				805	Ashleigh Mackenzie	21	01:38:19
				804	Abi Newey	22	01:02:50
				807	Miche Harvey-Perkins	23	00:50:54

34	23	24:21:06	East End Road	488	Phillip Minns	1	00:41:38
			Runners - Claret	490	Alice Clilverd	2	00:52:00
				492	Katherine Bellinger	3	00:54:05
				493	Emma Baldwin	4	01:27:48
				489	Catherine Apps	5	00:52:58
				491	Terry Minns	6	01:20:00
				495	Deneise Bramble	7	01:27:45
				495	Deneise Bramble	8	01:41:04
				494	Emily Bishop	9	01:16:42
				488	Phillip Minns	10	00:47:40
				490	Alice Clilverd	11	00:56:41
				490	Alice Clilverd	12	00:56:42
				489	Catherine Apps	13	01:03:20

488	Phillip Minns	14	00:36:31
492	Katherine Bellinger	15	01:01:59
492	Katherine Bellinger	16	01:05:55
494	Emily Bishop	17	01:26:59
494	Emily Bishop	18	01:27:26
488	Phillip Minns	19	00:43:38
490	Alice Clilverd	20	00:53:42
489	Catherine Apps	21	00:52:32
492	Katherine Bellinger	22	00:58:33
490	Alice Clilverd	23	00:55:28

35	23	24:37:01	SCRAMBLED LEGS (Mixed)	709	Steve Whitfield	1	00:53:08
				706	Kirstie Ann Woodgate	2	01:00:15
				703	Danny White	3	00:52:24
				704	Emma Dudman	4	00:54:53
				705	Jamie Austin	5	00:57:27
				702	Catherine Campen	6	01:10:15
				708	Luke Summers	7	00:57:28
				707	Lorraine Scott	8	01:14:02
				709	Steve Whitfield	9	00:56:50
				706	Kirstie Ann Woodgate	10	00:59:02
				703	Danny White	11	00:56:09
				704	Emma Dudman	12	00:57:50
				705	Jamie Austin	13	01:10:49
				702	Catherine Campen	14	01:10:50
				708	Luke Summers	15	00:58:31
				707	Lorraine Scott	16	01:17:19
				709	Steve Whitfield	17	01:06:14
				706	Kirstie Ann Woodgate	18	01:17:36

				703	Danny White	19	00:57:32
				704	Emma Dudman	20	00:58:12
				705	Jamie Austin	21	01:01:33
				702	Catherine Campen	22	01:17:35
				708	Luke Summers	23	01:31:07
36	22	22:47:46	Run twogether	863	Mark Berry	1	00:56:39
				865	Rosie Belsten	2	00:56:09
				864	Neil Basil	3	00:46:46
				863	Mark Berry	4	01:09:02
				861	Jon Busby	5	00:50:35
				867	Kirsty Topping	6	01:11:02
				862	Lisa Ruddy	7	01:03:07
				863	Mark Berry	8	01:02:10
				865	Rosie Belsten	9	00:53:04
				864	Neil Basil	10	00:48:51
				861	Jon Busby	11	00:53:46
				867	Kirsty Topping	12	01:05:14
				862	Lisa Ruddy	13	01:04:32
				865	Rosie Belsten	14	01:03:01
				861	Jon Busby	15	01:50:45
				861	Jon Busby	16	01:09:36
				867	Kirsty Topping	17	01:12:56
				862	Lisa Ruddy	18	01:03:42
				865	Rosie Belsten	19	01:09:20
				866	Kelly Elsam	20	00:51:26
				864	Neil Basil	21	00:52:54
				866	Kelly Elsam	22	00:53:09

37	22	24:32:32	Itchen Spitfires RC Blue Team	496	Gillam McClure	1	00:56:39
				497	Paul Shave	2	00:58:08
				498	Abigail Hamilton	3	00:55:23
				500	Dani Bain	4	01:05:08
				499	Marie Brett	5	01:02:38
				501	Kylie Torr	6	01:23:02
				496	Gillam McClure	7	00:52:18
				497	Paul Shave	8	00:57:52
				498	Abigail Hamilton	9	00:56:59
				500	Dani Bain	10	01:13:49
				499	Marie Brett	11	01:08:24
				501	Kylie Torr	12	01:36:53
				496	Gillam McClure	13	00:53:21
				497	Paul Shave	14	01:03:14
				498	Abigail Hamilton	15	01:02:30
				500	Dani Bain	16	01:27:59
				499	Marie Brett	17	01:19:59
				501	Kylie Torr	18	01:25:50
				496	Gillam McClure	19	00:50:32
				497	Paul Shave	20	01:01:49
				498	Abigail Hamilton	21	00:54:35
				500	Dani Bain	22	01:25:30
38	22	24:32:32	Itchen Spitfires RC Red Team	504	Charlie Gambrill	1	00:56:38
				505	David Brett	2	00:58:11
				506	Beth Farrow	3	00:55:21
				509	Sarah Shave	4	01:05:07
				508	Mike Day	5	01:02:39
				507	Lindy Seymour	6	01:22:59

504	Charlie Gambrill	7	00:52:21
505	David Brett	8	00:57:54
506	Beth Farrow	9	00:56:57
509	Sarah Shave	10	01:13:49
508	Mike Day	11	01:08:24
507	Lindy Seymour	12	01:36:52
504	Charlie Gambrill	13	00:53:22
505	David Brett	14	01:03:16
506	Beth Farrow	15	01:02:28
509	Sarah Shave	16	01:27:59
508	Mike Day	17	01:19:59
507	Lindy Seymour	18	01:25:28
504	Charlie Gambrill	19	00:51:06
505	David Brett	20	01:01:37
506	Beth Farrow	21	00:54:35
509	Sarah Shave	22	01:25:30

39	21	24:05:55	Tae Kwon Do runners	613	Alison Edwards	1	00:59:05
				608	Joanna Smith	2	01:17:17
				609	Julie Pearson	3	00:53:14
				610	Liz Read	4	00:58:56
				612	Ryan Green	5	00:55:20
				609	Julie Pearson	6	01:00:26
				607	Jim McCartney	7	01:09:28
				606		8	00:54:22
				611	Miles Lutwyche	9	00:50:33
				613	Alison Edwards	10	01:01:32
				608	Joanna Smith	11	01:27:16
				610	Liz Read	12	01:01:44

				612	Ryan Green	13	01:06:43
				607	Jim McCartney	14	01:19:27
				606		15	01:52:39
				611	Miles Lutwyche	16	00:59:07
				613	Alison Edwards	17	01:01:41
				608	Joanna Smith	18	01:49:19
				610	Liz Read	19	01:03:08
				612	Ryan Green	20	01:00:34
				607	Jim McCartney	21	01:24:04

40	21	24:20:11	Team RWB	899	Troy Schuler	1	00:52:28
				897	Lacey Kiefer	2	01:00:49
				898	Rob Morrison	3	01:04:22
				892	Dahlia Abdekoudous	4	01:13:01
				894	Jason Aucoin	5	01:06:14
				895	Jennifer Aucoin	6	01:11:26
				896	David Kot	7	01:00:52
				893	Elizabeth Duenas	8	01:09:50
				899	Troy Schuler	9	00:51:50
				897	Lacey Kiefer	10	01:03:29
				898	Rob Morrison	11	01:24:08
				892	Dahlia Abdekoudous	12	01:17:58
				894	Jason Aucoin	13	01:16:41
				895	Jennifer Aucoin	14	01:34:05
				896	David Kot	15	01:06:37
				893	Elizabeth Duenas	16	01:13:03
				899	Troy Schuler	17	00:58:15
				897	Lacey Kiefer	18	01:02:56
				898	Rob Morrison	19	01:14:12

892	Dahlia Abdekoudous	20	01:23:03
895	Jennifer Aucoin	21	01:14:52

41	21	24:37:49	The Red Daggers	725	Jayne Kendall	1	01:03:12
				722	Sharon Robinson	2	01:11:49
				720	Leigh Moring	3	01:05:24
				719	Mick Peggall	4	00:54:06
				718	Carol Moring	5	01:12:06
				721	Pippa-Anne Ridall	6	01:23:42
				723	Stephen Easley	7	01:15:02
				724	Suzanne Castle	8	01:01:09
				725	Jayne Kendall	9	01:04:47
				722	Sharon Robinson	10	01:11:12
				720	Leigh Moring	11	01:12:50
				719	Mick Peggall	12	00:56:59
				718	Carol Moring	13	01:10:36
				721	Pippa-Anne Ridall	14	01:27:11
				723	Stephen Easley	15	01:27:03
				724	Suzanne Castle	16	01:04:51
				725	Jayne Kendall	17	01:17:04
				722	Sharon Robinson	18	01:06:27
				719	Mick Peggall	19	00:54:30
				721	Pippa-Anne Ridall	20	01:27:07
				724	Suzanne Castle	21	01:10:42

42	21	24:40:22	Sweat Regret & Oxygen Debt	791	Deb Galletta	1	00:54:39
				790	Dan Mitchell	2	00:57:57
				793	Thomas Murphy	3	01:01:36
				792	Anya Smith	4	01:05:21

795	Rebecca Murphy	5	01:09:50
788	Andrew Holdsworth	6	01:01:52
789	Rachel Kiren	7	01:18:33
794	Dave Pike	8	01:11:13
791	Deb Galletta	9	01:04:26
790	Dan Mitchell	10	01:00:13
793	Thomas Murphy	11	01:15:22
795	Rebecca Murphy	12	01:14:30
788	Andrew Holdsworth	13	01:04:36
789	Rachel Kiren	14	01:24:29
794	Dave Pike	15	01:16:48
791	Deb Galletta	16	01:14:08
790	Dan Mitchell	17	01:13:28
793	Thomas Murphy	18	01:22:12
792	Anya Smith	19	01:26:08
795	Rebecca Murphy	20	01:22:10
788	Andrew Holdsworth	21	01:00:51

43	21	24:48:58	East End Road Runners - Red	622	Martin Quinlan	1	00:56:15
				626	Vinodini patel	2	01:15:57
				629	Rishi Patel	3	00:54:19
				625	David Radford	4	01:06:49
				624	Lisa Naylor	5	00:54:29
				627	Alice Ridgeway	6	01:07:36
				623	Barbara Dandy	7	01:33:53
				628	Ravindra Luggah	8	01:28:01
				622	Martin Quinlan	9	01:09:01
				629	Rishi Patel	10	00:57:45
				625	David Radford	11	01:06:35



				627	Alice Ridgeway	12	01:14:21
				622	Martin Quinlan	13	01:11:59
				628	Ravindra Luggah	14	01:18:27
				628	Ravindra Luggah	15	01:32:27
				629	Rishi Patel	16	01:29:49
				622	Martin Quinlan	17	01:02:46
				624	Lisa Naylor	18	00:53:00
				627	Alice Ridgeway	19	01:19:01
				626	Vinodini patel	20	01:19:52
				624	Lisa Naylor	21	00:56:36
44	20	23:17:03	Dacorum & Tring AC - The Megabites	753	Rebecca White	1	01:02:33
				757	Jason Hawkrige	2	01:12:11
				750	Sam Sullivan	3	00:49:07
				755	Rob Lewis	4	00:56:25
				751	Denise Burford	5	01:04:03
				754	Helen Reardon	6	01:11:19
				757	Jason Hawkrige	7	01:20:08
				756	Kayleigh Halvey	8	01:04:07
				752	Emma Donovan	9	01:40:08
				753	Rebecca White	10	01:41:22
				750	Sam Sullivan	11	00:58:56
				755	Rob Lewis	12	01:05:08
				751	Denise Burford	13	01:06:43
				754	Helen Reardon	14	01:06:48
				752	Emma Donovan	15	01:47:11
				756	Kayleigh Halvey	16	01:11:46
				753	Rebecca White	17	01:02:34
				750	Sam Sullivan	18	00:50:47

755	Rob Lewis	19	00:57:24
753	Rebecca White	20	01:08:23

45	20	24:20:06	Tiptree Rough Runners	456	Ann-marie Bearne	1	01:03:55
				457	James Slater	2	00:49:40
				458	Glen Edwards	3	00:47:00
				459	Phillip Clarke	4	00:56:42
				460	Rebecca McVelia	5	01:21:31
				461	Tina Clarke	6	00:59:10
				463	John Mcvelia	7	01:05:15
				463	John Mcvelia	8	01:12:00
				456	Ann-marie Bearne	9	01:31:07
				457	James Slater	10	01:08:13
				457	James Slater	11	00:57:35
				458	Glen Edwards	12	00:58:14
				458	Glen Edwards	13	01:00:02
				461	Tina Clarke	14	04:37:15
				461	Tina Clarke	15	01:04:53
				459	Phillip Clarke	16	00:55:55
				457	James Slater	17	00:53:22
				463	John Mcvelia	18	01:09:02
				458	Glen Edwards	19	00:47:03
				461	Tina Clarke	20	01:02:12

46	19	22:12:42	Hemel Runners	803	Lee Bryant	1	00:55:54
				802	Wayne Dickinson	2	01:04:05
				799	Hayley Morris	3	01:22:05
				801	Thomas Richards	4	01:09:07
				797	Carol MacDonald	5	00:57:47

800	Kodie Mitchell	6	01:08:27
798	Dave Cook	7	01:20:01
803	Lee Bryant	8	00:59:45
802	Wayne Dickinson	9	01:01:12
799	Hayley Morris	10	01:24:38
801	Thomas Richards	11	01:05:41
797	Carol MacDonald	12	01:00:05
800	Kodie Mitchell	13	01:05:27
798	Dave Cook	14	01:09:00
802	Wayne Dickinson	15	01:17:28
800	Kodie Mitchell	16	01:16:35
797	Carol MacDonald	17	01:16:14
802	Wayne Dickinson	18	01:11:28
798	Dave Cook	19	01:27:43

47	19	25:10:36	East End Road Runners Woo Hook!	903	Claire Adamson	1	01:00:01
				900	Allyson Johnson	2	01:31:45
				901	Sherry Moran	3	01:06:16
				902	Sarah Bemand	4	01:04:09
				903	Claire Adamson	5	01:02:47
				904	Shirley Sceats	6	01:52:39
				907	Esther Shifra	7	01:39:26
				906	Yogesh Patel	8	01:23:47
				901	Sherry Moran	9	01:10:01
				900	Allyson Johnson	10	01:37:17
				903	Claire Adamson	11	01:08:38
				903	Claire Adamson	12	01:12:36
				905	Asad Muzammal	13	01:35:39
				906	Yogesh Patel	14	01:28:38

907	Esther Shifra	15	01:35:49
903	Claire Adamson	16	01:03:20
902	Sarah Bemand	17	01:01:57
903	Claire Adamson	18	01:11:59
903	Claire Adamson	19	01:23:52